



Active School Flag (ASF)

Active School Week
(ASW)



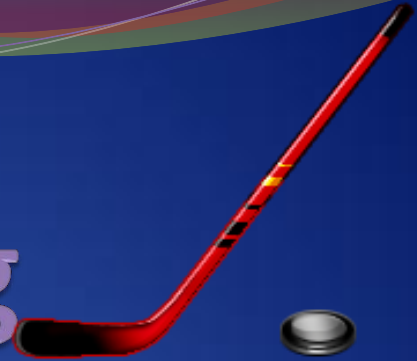
The Active School Flag

What is the Active School Flag?

- The Active School Flag is a flag that will show everyone that our school is physically active
- Once we start, we will always try to make P.E and activities in our school interesting and new.



The Active School Flag



Why are we trying to achieve the ASF?

- To show people that we are a physically educated and active school.
- To show people all the sports and activities we already have organised in our school.



The Active School Flag

What do we have to do?

- We have to have our Active School Week.
- We have to keep on being active every day after active schools week, in school and at home.
- We have to promote sports and encourage the whole school to join in and be active.
- We have to come up with new ideas to help students in our school become more active.

The Active School Flag

What do we have to do?

- We need YOU to think of some ideas to help us get our ACTIVE SCHOOL FLAG
 - Active School Flag Ideas Box



The Active School Flag

What do we have to do?

*We already have a few ideas of our own!
What do you think?*



- Most Active Class Awards
 - Extra P.E. Rewards
 - Using Pedometers in school
- Sporting Achievement awards for medals and trophies you've won with your clubs outside school
 - Cara Clois (Yard Friend)
 - ASF section on our school website



Active School Week

Monday

Drop Everything and Dance



PE Art Logo Competition



Active School Week

Tuesday



Teachers -v- Students Basketball



Active School Week



Wednesday

- Swimming

- Skipping

- Games



Active School Week



Thursday

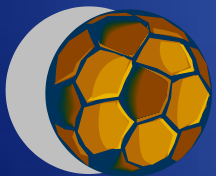
Class -v- Class

Gaelic Football

Basketball

Football

Dodgeball

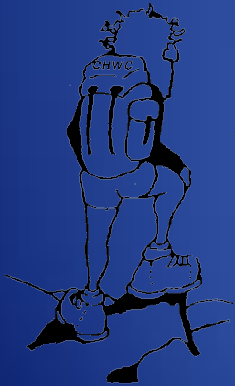


Active School Week

Friday

Slí Sláinte

Hill Walk in Dublin Mountains
Cruagh Wood



Active School Week

Cara Clois

- Games during yard times
- 6th Class Mentors
- Every break time during ASW
- Once a week until the Summer holidays

Cara
Clois!!



Active School Week



We Hope you Enjoy Active
School's Week!!!



Be Active and Be on Time!

